

**Schedule for SCTC Classes 2010**

Course	Time	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
MRDD Basics	9-1:30	1/4	2/1	3/8	4/5	5/	6/	7/	8/	9/	10/	11/	12/
Confidentiality/HIPPA	2:30-3:30	1/4	2/1	3/8	4/5	5/	6/	7/	8/	9/	10/	11/	12/
Rights/MUI	9:00-1:00	1/5	2/2	3/9	4/6	5/							12/
My Plan Team Process	2:00-3:30	1/5	2/2	3/9	4/6	5/							12/
Communication	9:00-12:00	1/6	2/3	3/10	4/7	5/							12/
Supporting Relationships	1:00-3:00	1/6	2/3	3/10	4/7	5/	6/	7/	8/	9/	10/	11/	12/
Standard Initial First Aid/CPR	9:00-3:30	1/7	2/4	3/11	4/8	5/	6/	7/	8/	9/	10/	11/	12/
Infectious Disease/OSHA	9:00-12:00	1/12	2/8	3/15	4/12	5/	6/	7/	8/	9/	10/	11/	12/
Transfer/Lift	1:00-3:00	1/12	2/8	3/15	4/12	5/	6/	7/	8/	9/	10/	11/	12/
Behavior Basics	9:00-12:00	1/13	2/9	3/16	4/13	5/	6/	7/	8/	9/	10/	11/	12/
Training Strategies	1:00-3:00	1/13	2/9	3/16	4/13	5/	6/	7/	8/	9/	10/	11/	12/
PMT Crisis Intervention	8:30-4:30	1/14	2/10	3/17	4/14	5/	6/	7/	8/	9/	10/	11/	12/
First Aid Review	9:00-11:00	1/15	2/11	3/18	4/15	*	*	*	*	*	*	*	*
CPR Review	12:00-3:30	1/15	2/11	3/18	4/15	*	*	*	*	*	*	*	*
1 <sup>st</sup> Aid-CPR Challenge	9:00-?	1/15	2/11	3/18	4/15	*	*	*	*	*	*	*	*
Delegated Nursing ( Certification 1)	9:00-2:00	1/19 to 1/20	2/15 to 2/17	3/22 to 3/24	4/19 to 4/21	5/ to 5/	6/ to 6/	7/ to 7/	8/ to 8/	9/ to 9/	10/ to 10/	11/ to 11/	*
Delegated Nursing Update (2 hour video)	2:00-4:00	1/20	2/17	3/24	4/21	5/	6/	7/	8/	9/	10/	11/	*
PMT Review	9:00-12:00	1/22	2/18	3/25	4/22	*	*	*	*	*	*	*	*

**Revised –  
Look for new dates**

\* No Class

**[See below for course description](#)**

### MRDD Basics

This class covers three core components

- 1) Philosophy of Service Provision and Intervention introduction to the legislative beginnings of services in the field, provides a historical view of the evolution of service and highlights the current and possible future trends in service provision.
- 2) Overview of Developmental Disabilities provides an overview of the most common types of disabilities, societal myths, presents the “Ten Commandments of Communicating with People with Disabilities” video, highlights “People First Language.
- 3) Services and Supports and Service Delivery Settings-fives the participant a big picture look at how the system comes together to support individuals in the least restrictive environment.

### Confidentiality & HIPPA

This class covers the standards and definitions which illustrates the parameters and responsibilities of service provider’s communication within the direct service delivery system.

### Rights/Abuse/Neglect/MUI

A review of the history of care for individuals with disabilities, new definitions of abuse, neglect, MUI & UIR, current patterns and trends per ODMR/DD. Health and Safety Alerts, mandated reporting requirements, the Rights of Individuals with MR/DD and the Staff Assistance Manual for the Explanation of the Rights.

### Team Process

Team Processes includes an overview of the My Plan Process that reflects today’s Best Practice individualized planning approach, reviews discovery tools that help develop goals and objectives, eligibility, intake and referrals as well as Medicaid Accountability.

### Communication

Working with people who have enhanced communication needs, the learner review definitions of language, communication rules, switches and augmentative communication devices as well as strategies to help facilitate communication in order to help individuals served exercise more control over their environment

### Supporting Relationships

Supporting Relationships enables the new adult services employee to identify the areas where individuals with MR/DD may need support in establishing and maintaining healthy quality relationships, universal aspects of sexuality and addresses myths and misconceptions.

### Standard Initial First Aid/CPR

American Red Cross lay responder course, presents the new methods incorporated by

The American Red Cross as of September 30,2006, which include First Aid, Adult CPR, Infant & Child CPR. First Aid is a three year certificate; CPR is a one year certificate. Instructed by a certified American Red Cross instructor.

### Infectious Disease & OSHA

A review of the Federal Government’s requirement of new employees regarding preventing disease transmission with current American Red Cross information and materials, learnt what Blood borne Pathogens are and how to reduce the risk of exposure by following procedure and using Universal Precautions. Introduction to the Exposure Control Plan, Personal Protective Equipment and review OSAH information on maintaining a health and safe work environment.

### Transfer/Lift

Participants will view a training video on recognizing proper alignment in a wheelchair, review basic information on appropriately transferring and lifting individuals with impaired mobility, perform three basic lifts (Chest Lift & Squat Lift performed with a partner and the pivot/transfer lift for someone who is weight bearing) review the essentials of back safety.

### Behavior Basics

The ABC's of Human Behavior allows learners to review the assumptions of the behavioral model as it pertains to working with individuals with MR/DD, learning Theory, and general behavior support approaches.

### Training Strategies

Four core values new employees must demonstrate in their behavior while at work, ergonomics and motion economy principles to enhance client productivity and reduce Physical fatigue, easy training methods and adoptions to use with individuals at work or in the home environment.

### PMT Crisis Intervention

Physical/Psychological Management Training is the best practices model for crisis intervention, reviewing psychological approaches to managing and supporting behavior, and physical techniques presented in a consistent, easy to master. Least restrictive to most restrictive spectrum.

### American Red Cross Reviews and Challenge

First Aid review class with the new American Red Cross materials and methods. This is a three year certificate

CPR review for Adult, Infant & Child with new material, good for one year.

First Aid/CPR Challenge. The challenge course is to provide you with the opportunity to demonstrate your skills outside of the class setting. You may review the skills book but **no formal teaching takes place. You will take the written test and then demonstrate the skills needed.**

### Delegated Nursing

This is a required course taught by a Nurse for employees who are expected to pass medications. This is a three day course requiring attendance all three days to obtain certification.

### PMT Review

Crisis intervention class offered for employees who have previously taken the initial all day PMT session and need their yearly review of the PMT techniques and philosophies. This class will be offered 6 times a year.